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Album Title & Record Company: HEAVEN ON MY MIND
FOREFRONT RECORDS

Video Title: REARVIEW

Theme: REGRET, IDENTITY, RESTORATION



Forgetting

- Write down 1-3 things from your past that have hurt you or ways you've hurt others.

- How can we forget things done to us?

- How can we forget things we've done?

- What's a healthy way to deal with these things?

Reaching

- Write down 1-3 things that we should do to move forward from those things in the past.

- How can pursuing the things listed in **1 Timothy 6:11-12** help us move away from the past and into the future?

- According to **Psalm 34:14**, when we make the choice to turn from evil, what are we turning toward?

- What does that look like?

Pressing

- Write down 1-3 future goals that motivate you toward Christ and Kingdom thinking.

- According to **Philippians 3:14**, what does it mean to "press on toward the goal," and how can we stay focused on it daily?

- How can keeping an eternal perspective shape the way you pursue your goals?

- What could God do with your story (the past and future) for His glory?